



# X10e: Patch a Gap in Healthcare

R42 Demo Day, Aug 16, 2024

What if you were able to  
continuously learn  
about your health  
without a blood test?

# Our Mission

Develop evidence based  
non-invasive e-skin sensors for  
measuring your body's signals;  
anytime, anywhere

# 70%

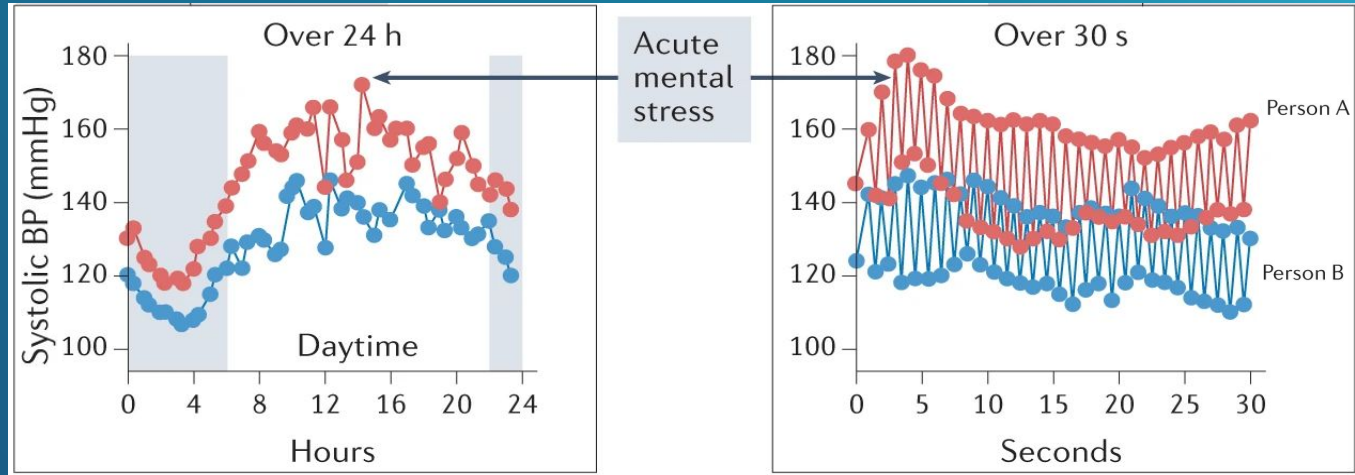
medical decisions relying on **invasive laboratory tests**<sup>1</sup>

# 40%

US patients **skip** annual physical exams<sup>1</sup>

Less invasive => more frequent tests = **Earlier Diagnosis**

# Biomarkers vary between 10-40% in a day



Non-invasive, continuous monitoring = **Early & Insightful Data**

# Redefining wearables

## From wellness to clinical utility

### Wellness

- ◇ Limited sensor technology  
(Vital signs:  $T^0$ , HR, BP)
- ◇ Designed for healthy consumers
- ◇ User misinterpretation



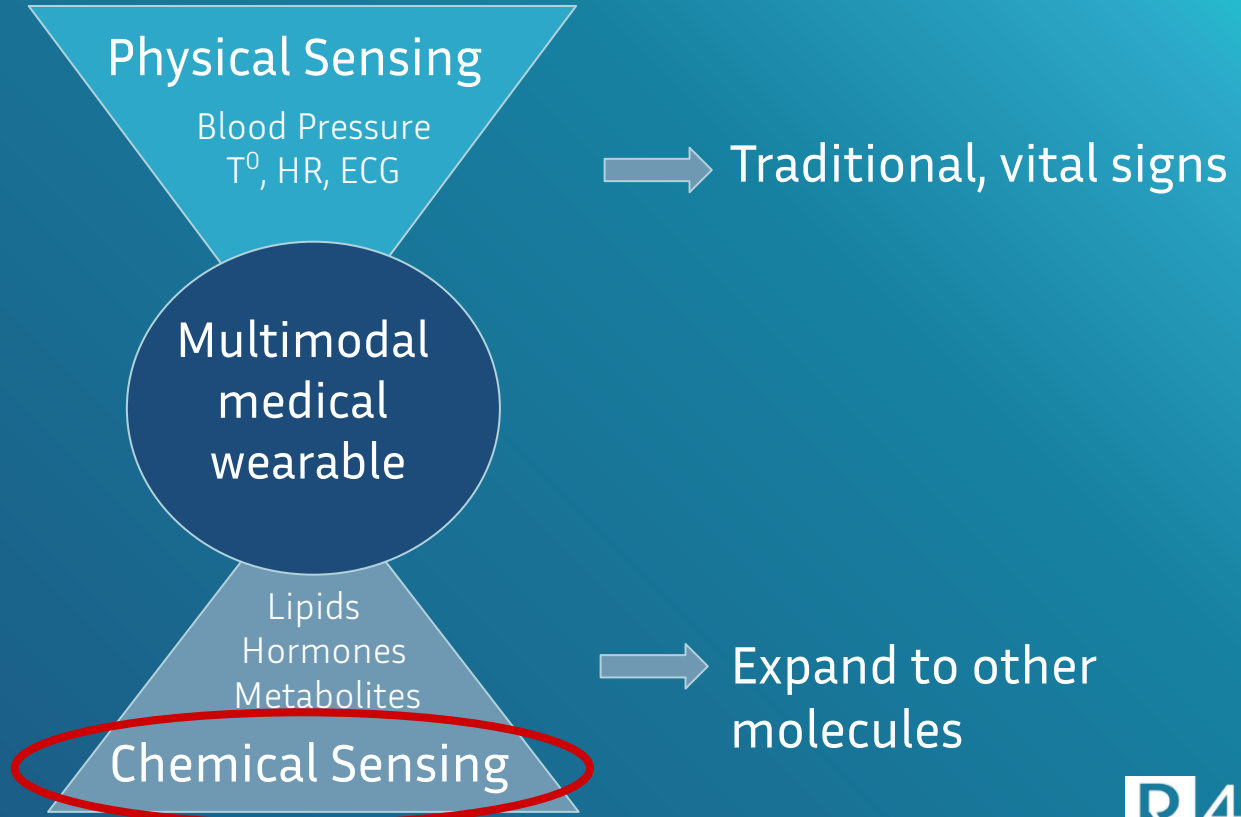
### Clinical

- ◇ Emerging technology  
(single metric: glucose)
- ◇ Designed for those with medical needs
- ◇ Clear actionable signal

Wearables market  from **\$150M** in **2016** to **~\$31B** in **2026**

# Solution: Multimodal sensor technology

Comprehensive and insightful health overview



# Metabolic Syndrome

A progressive cluster of conditions requiring continuous monitoring

## Impact on health

- Increased risk of:
  - diabetes
  - heart disease
  - stroke
- 1/3<sup>rd</sup> of the US population<sup>1</sup>
- Double healthcare cost<sup>2</sup>

## In the clinic

- Increased Body Mass Index
- Increased blood pressure
- Elevated Triglycerides
- Reduced Cholesterol
- Elevated Fasting Glucose



# Identifying Biomarkers for Metabolic Syndrome

9

Biomarker	Macromolecule Group	Function
Glucose	Carbohydrate	Main energy source
Triglycerides	Lipid	Energy storage and transport
Cholesterol	Lipid	Cell membrane structure
Insulin	Hormone	Regulates blood glucose levels
Leptin	Hormone	Regulates hunger and metabolism
Adiponectin	Hormone	Enhances insulin sensitivity, reduces inflammation
Uric Acid	Purine metabolite	Waste product of purine metabolism
C-reactive protein (CRP)	Protein	Marker of inflammation

**Specific & Predictive**

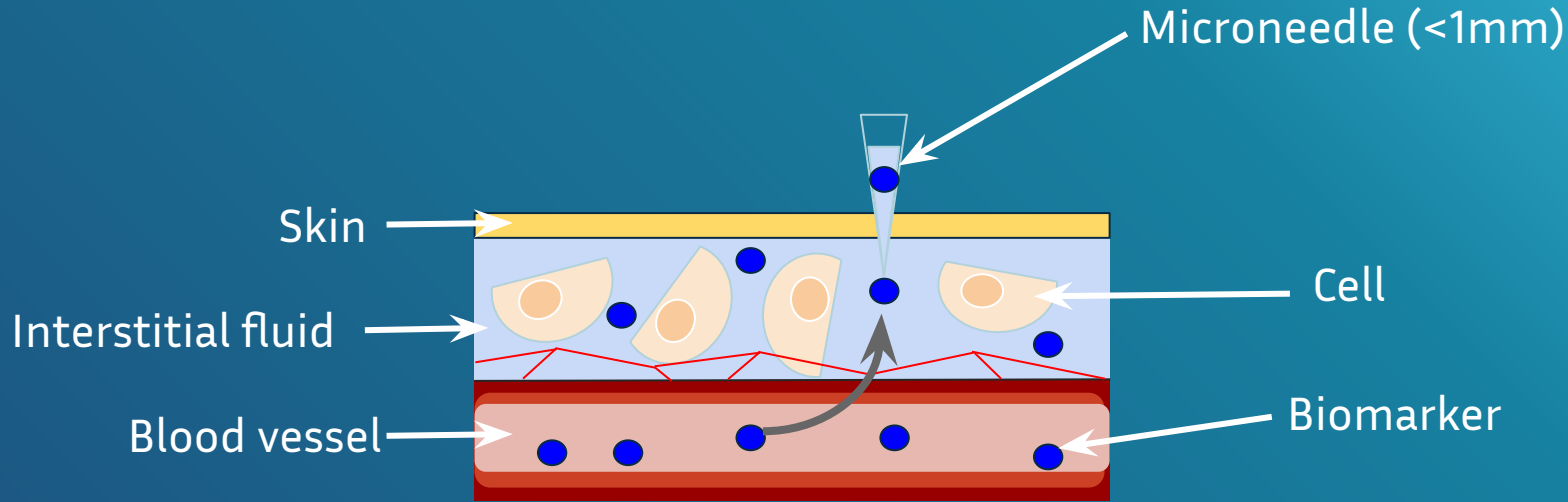
# Identifying Biomarkers for Metabolic Syndrome

Biomarker	Macromolecule Group	Function	In Sweat
Glucose	Carbohydrate	Main energy source	Yes
Triglycerides	Lipid	Energy storage and transport	No
Cholesterol	Lipid	Cell membrane structure	No
Insulin	Hormone	Regulates blood glucose levels	No
Leptin	Hormone	Regulates hunger and metabolism	No
Adiponectin	Hormone	Enhances insulin sensitivity, reduces inflammation	No
Uric Acid	Purine metabolite	Waste product of purine metabolism	Yes
C-reactive protein (CRP)	Protein	Marker of inflammation	No

# Identifying Biomarkers for Metabolic Syndrome

Biomarker	Macromolecule Group	Function	In Sweat	In Interstitial fluid
Glucose	Carbohydrate	Main energy source	Yes	Yes
Triglycerides	Lipid	Energy storage and transport	No	Yes
Cholesterol	Lipid	Cell membrane structure	No	Yes
Insulin	Hormone	Regulates blood glucose levels	No	Yes
Leptin	Hormone	Regulates hunger and metabolism	No	Yes
Adiponectin	Hormone	Enhances insulin sensitivity, reduces inflammation	No	Yes
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C-reactive protein (CRP)	Protein	Marker of inflammation	No	Yes

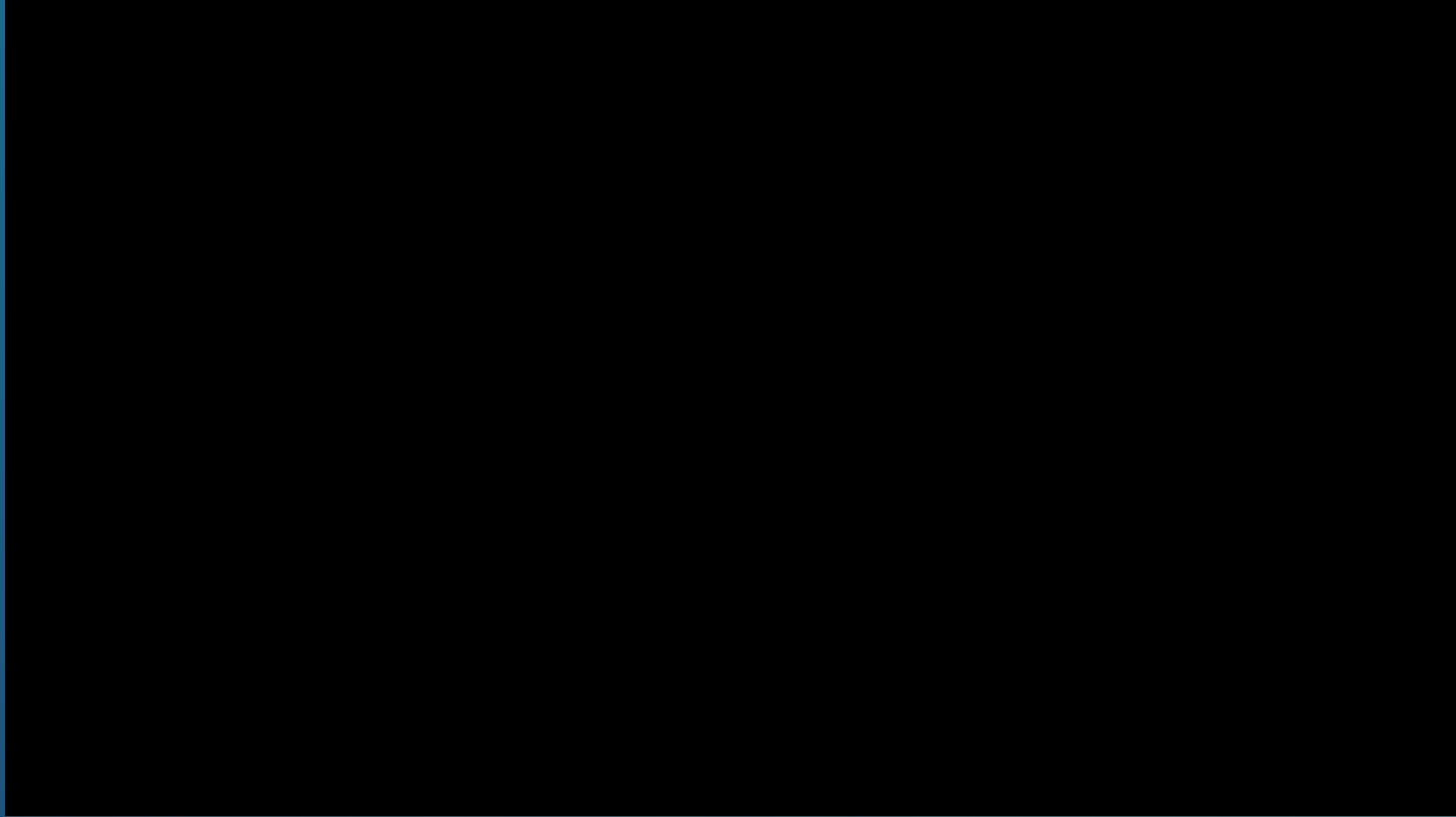
# Interstitial Fluid: Golden Reservoir for Biomarkers



➔ Non-invasive nor painful extraction

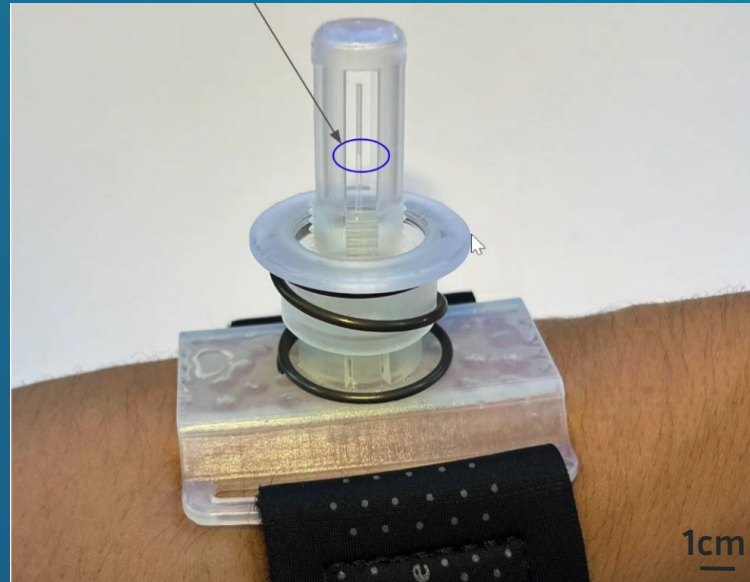
- What are our biomarker concentration in the interstitial fluid?

# Extraction of Interstitial Fluid versus Blood

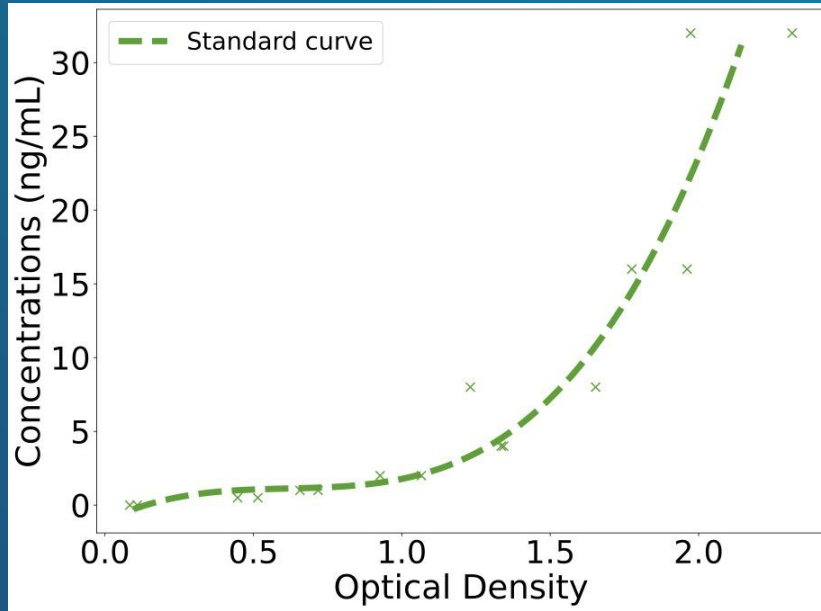


# Extraction of Interstitial Fluid versus Blood

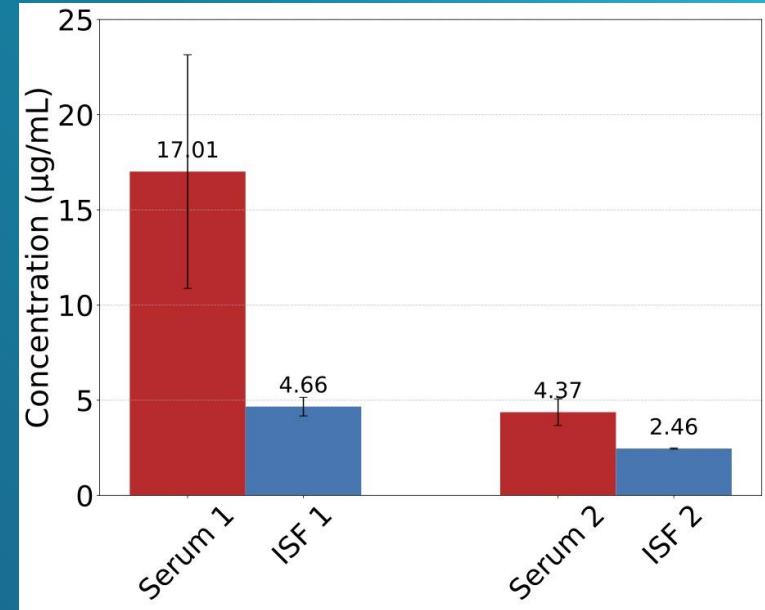
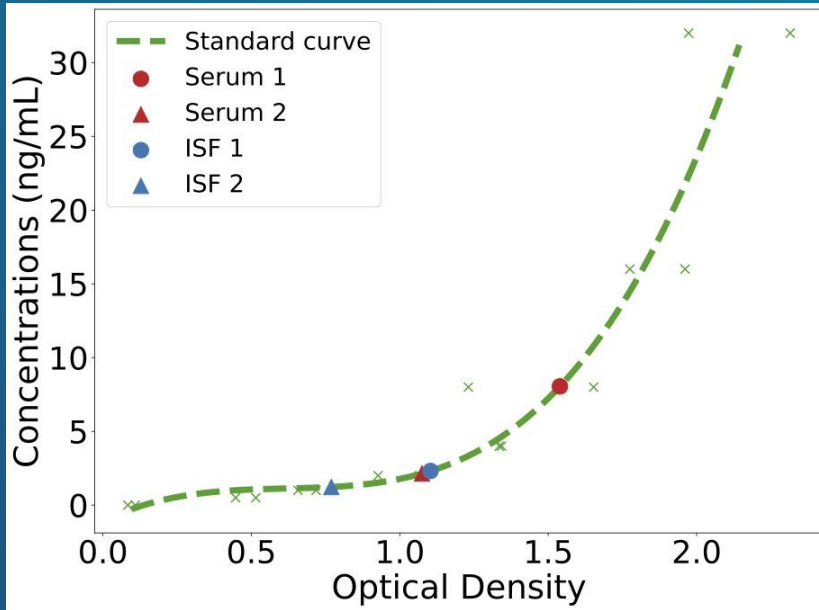
Meniscus shows interstitial fluid in the vial



# Biomarker Concentration Findings



# Biomarker Concentration Findings

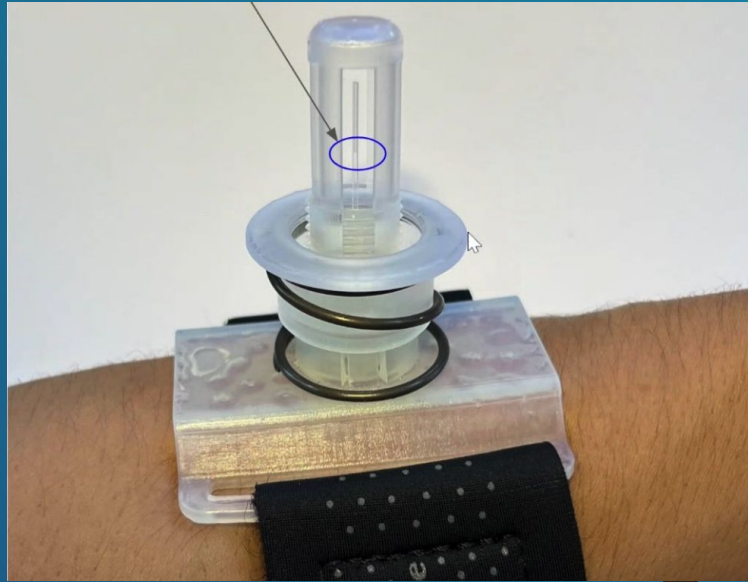


➔ 2- to 3-fold less hormone (adiponectin) in ISF than in Blood

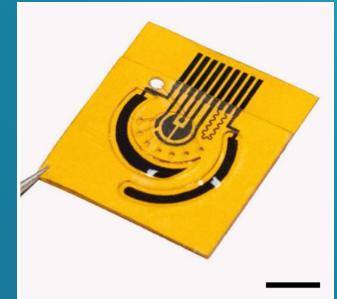


# Integration into Wearable Sensor

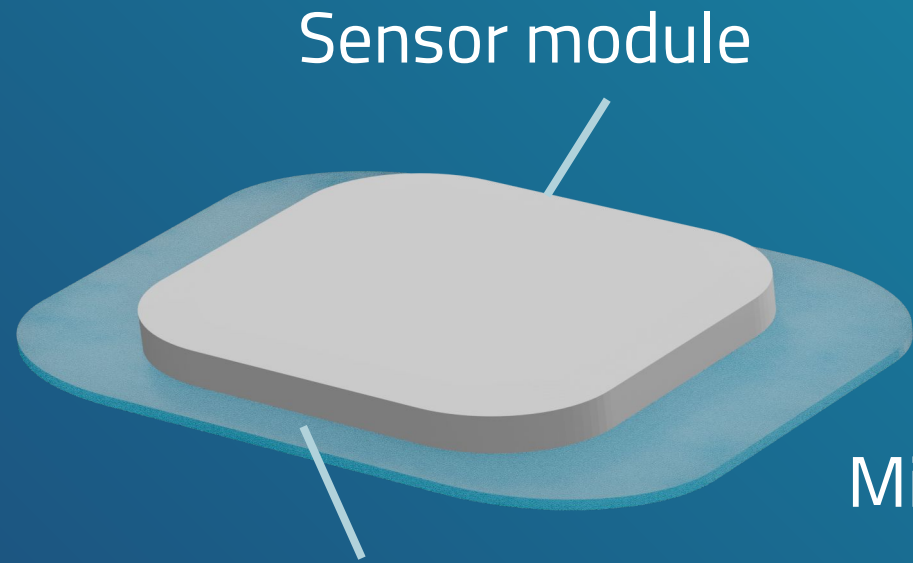
Meniscus shows interstitial fluid in the vial



*In situ* analysis  
with microfluidic



# Sensor Design



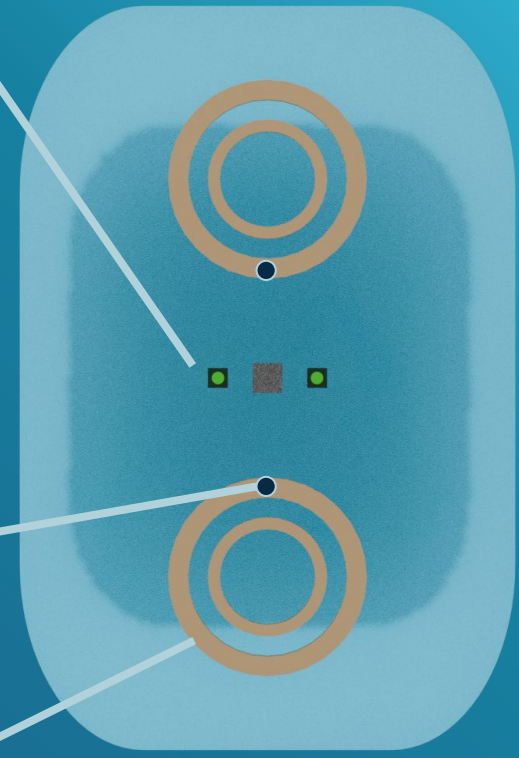
Sensor module

Adhesive substrate

Optical sensor array

Microfluidic needle

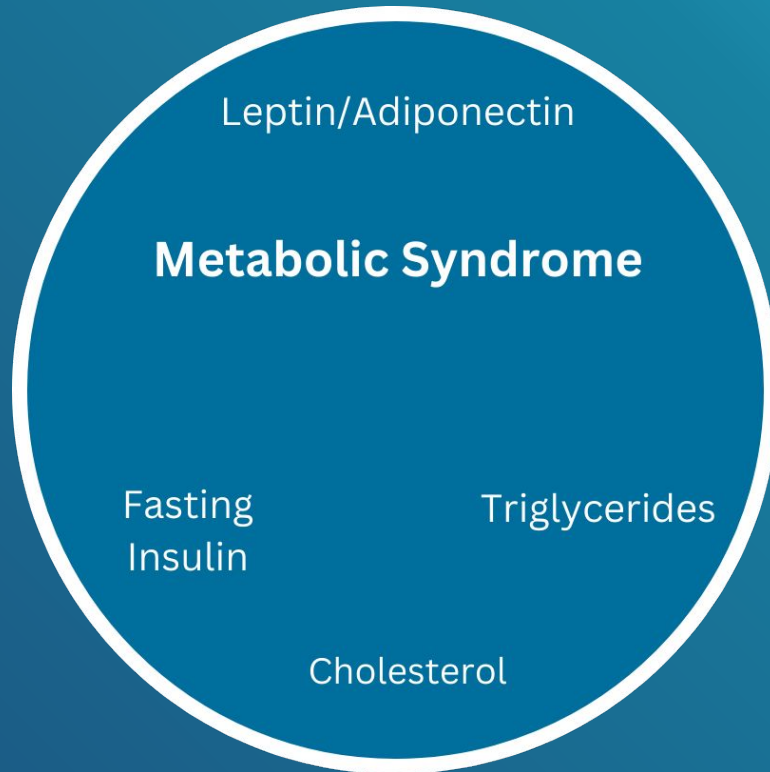
Microfluidic array



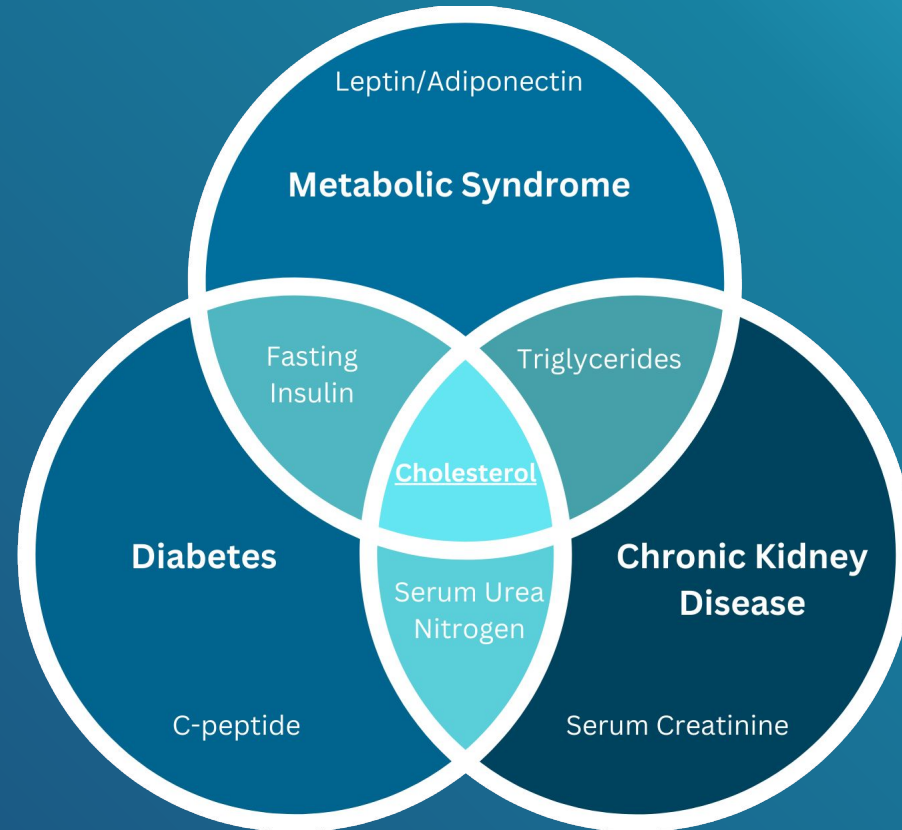
# Sensor Prototype



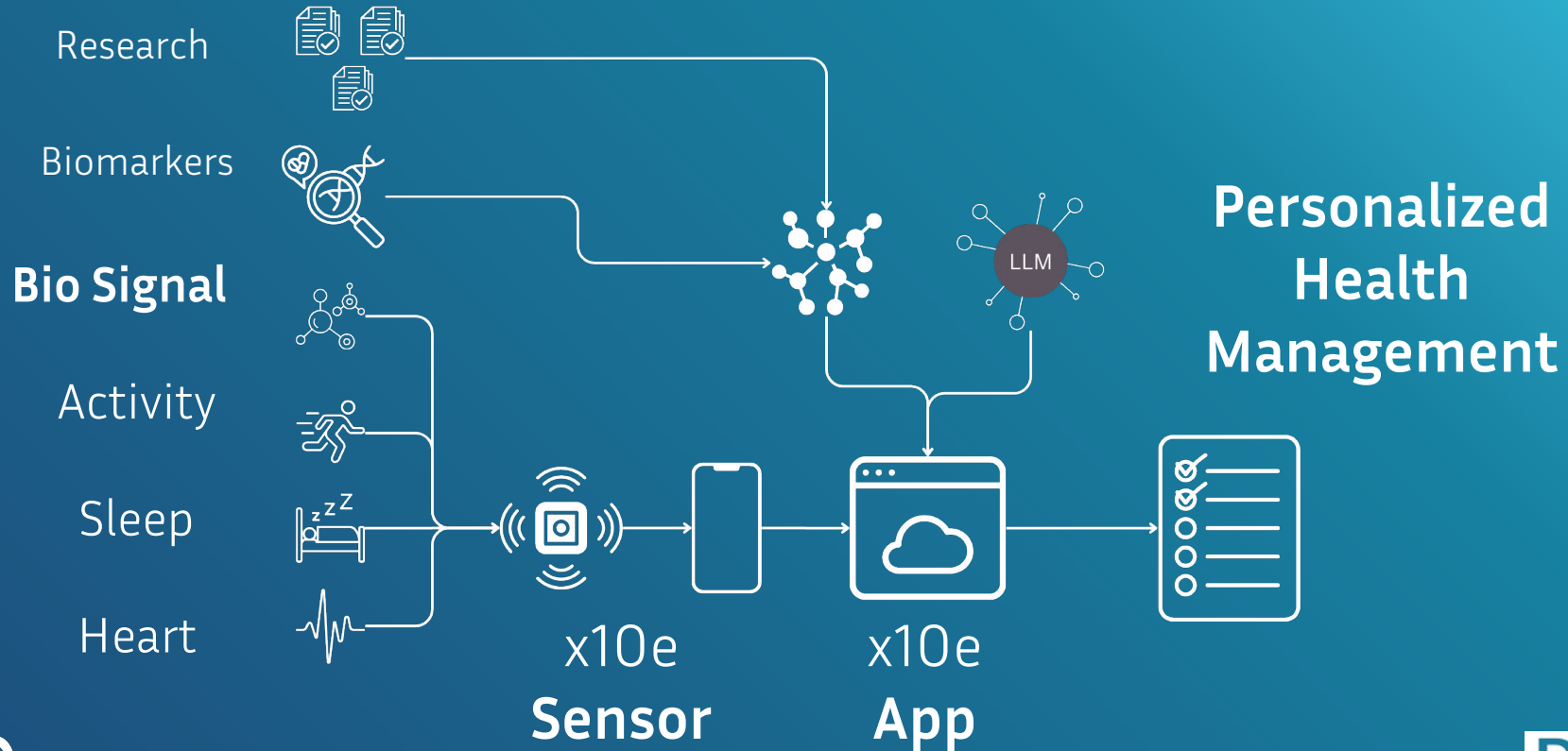
# Continuous monitoring of biomolecules for metabolic and chronic diseases



# Continuous monitoring of biomolecules for metabolic and chronic diseases



# Generative Health Model



# Business Model

- Revenue: recurring revenue based on subscription of device
- Leverage insurance companies reimbursement (CPD codes)
- Sales motion: B2B2C via medical distributors

# Expertise in Biophysics, Sensors, and Bioengineering



**Silvia Veronese, PhD**  
 Founder and CEO X10e  
 Mentor



**Yann Sakref, PhD**  
 BioPhysicist  
 PhD in Physics  
 École Normale Supérieure



**Mark MelnyKowycz, PhD**  
 Sensor Engineer  
 PhD in Physics  
 Ecole Polytechnique de Zurich



**Anupama Mahabhashyam**  
 Technical Product lead  
 Broadcom  
 Stanford Business School



**Julian Pena**  
 BioEngineer  
 BS Bioengineering  
 University of California  
 at Merced



**Cristina Dalle Ore, PhD**  
 Sensor Technology Expert  
 NASA, Bayer Crop Science  
 Fellow Mentor



**Amit Goldman, EMBA**  
 DigitalDx Ventures  
 Longevity Education Hub



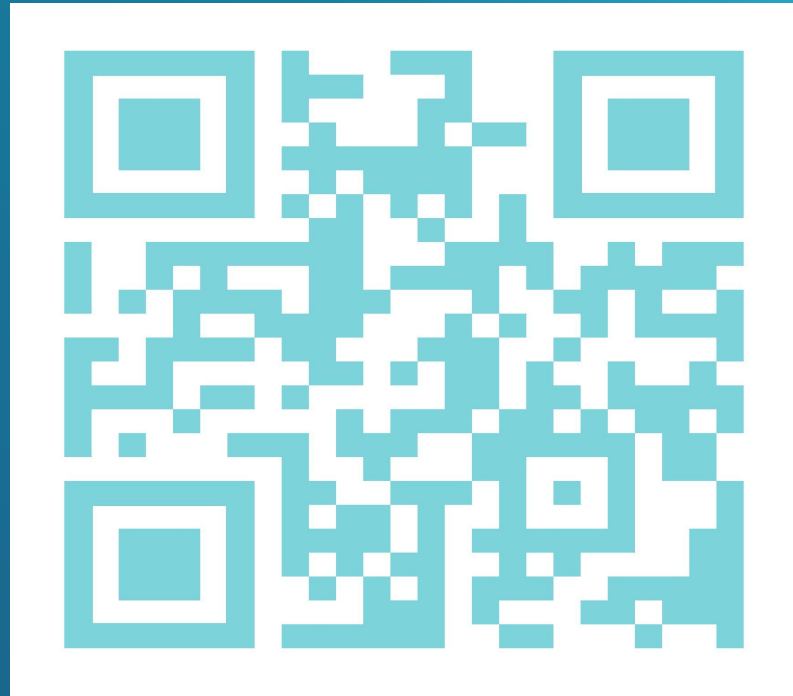
**Shaun Ranadé**  
 BioEngineering  
 USPTO, Colgate  
 Carnegie Mellon,  
 BS Engineering, Medical



# THANK YOU

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[www.x10e.com](http://www.x10e.com)

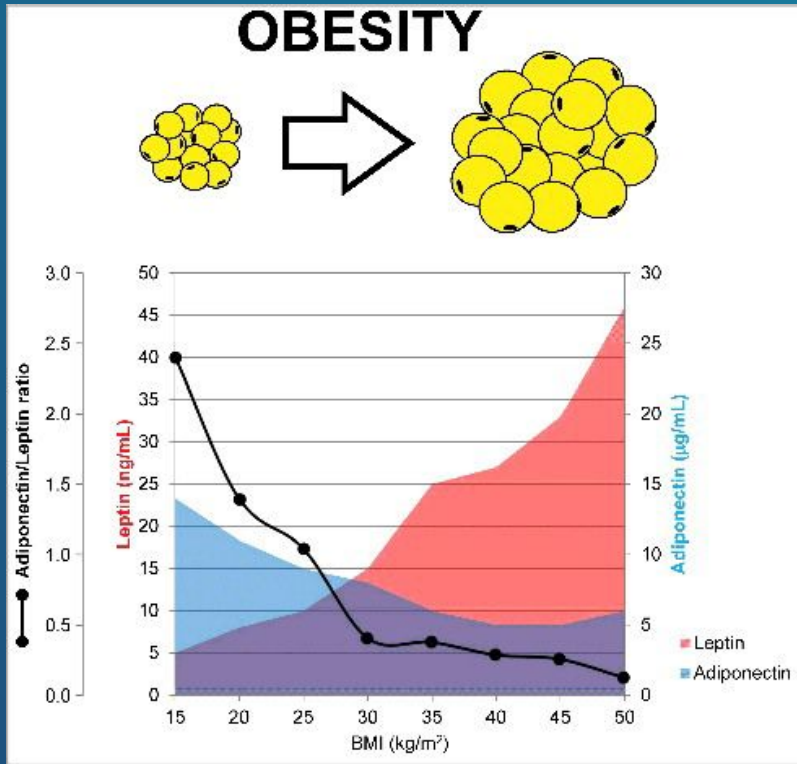




# APPENDIX

## Project Details

# Leptin and Adiponectin



- Obesity, coronary artery disease and the metabolic syndrome (MS) are characterized by an increase in circulating leptin concentrations, in parallel to a decrease in blood levels of adiponectin.
- Leptin -which has an appetite regulating effects- increases due to Leptin resistance
- Adiponectin -which has insulin sensitizing effect- decreases due to chronic inflammation and insulin resistance.

# Experiment with ISF Labs

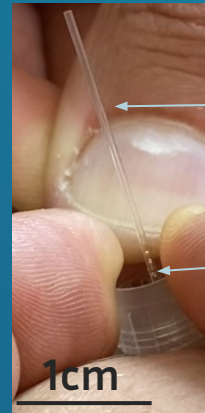
Blood extraction:



Interstitial fluid extraction:



Microneedle  
( $<1\text{mm}$ )

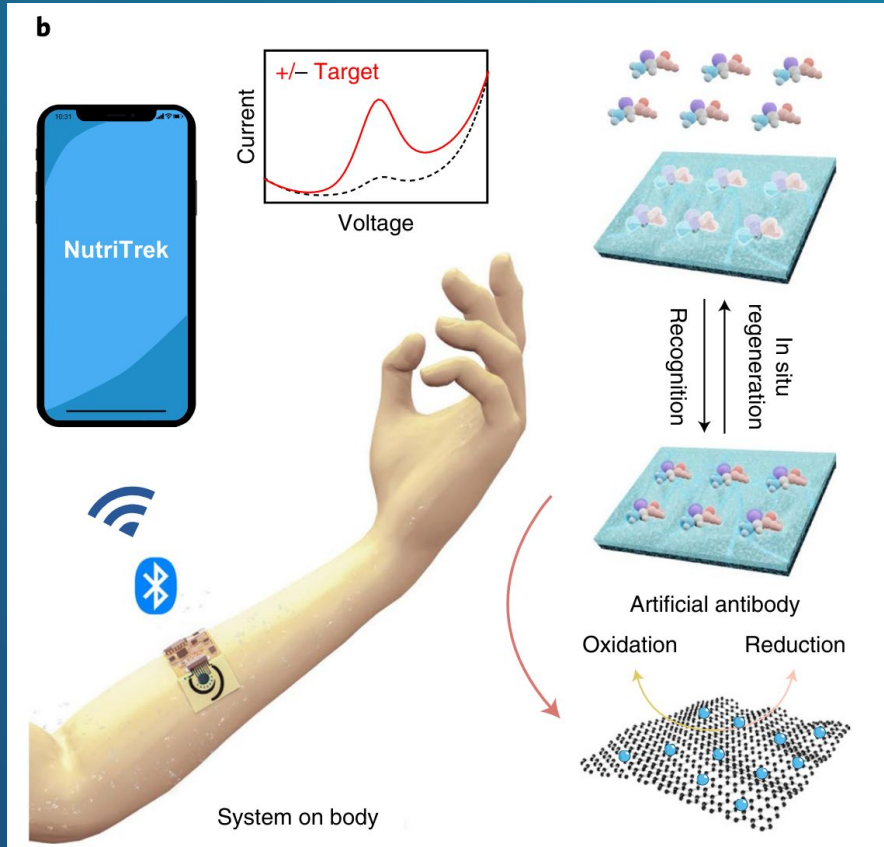


Collector

Fluid

1cm

# Artificial Antibodies: Molecular Imprinted Polymer



Majority of metabolites  
non-electroactive

➔ Indirect detection

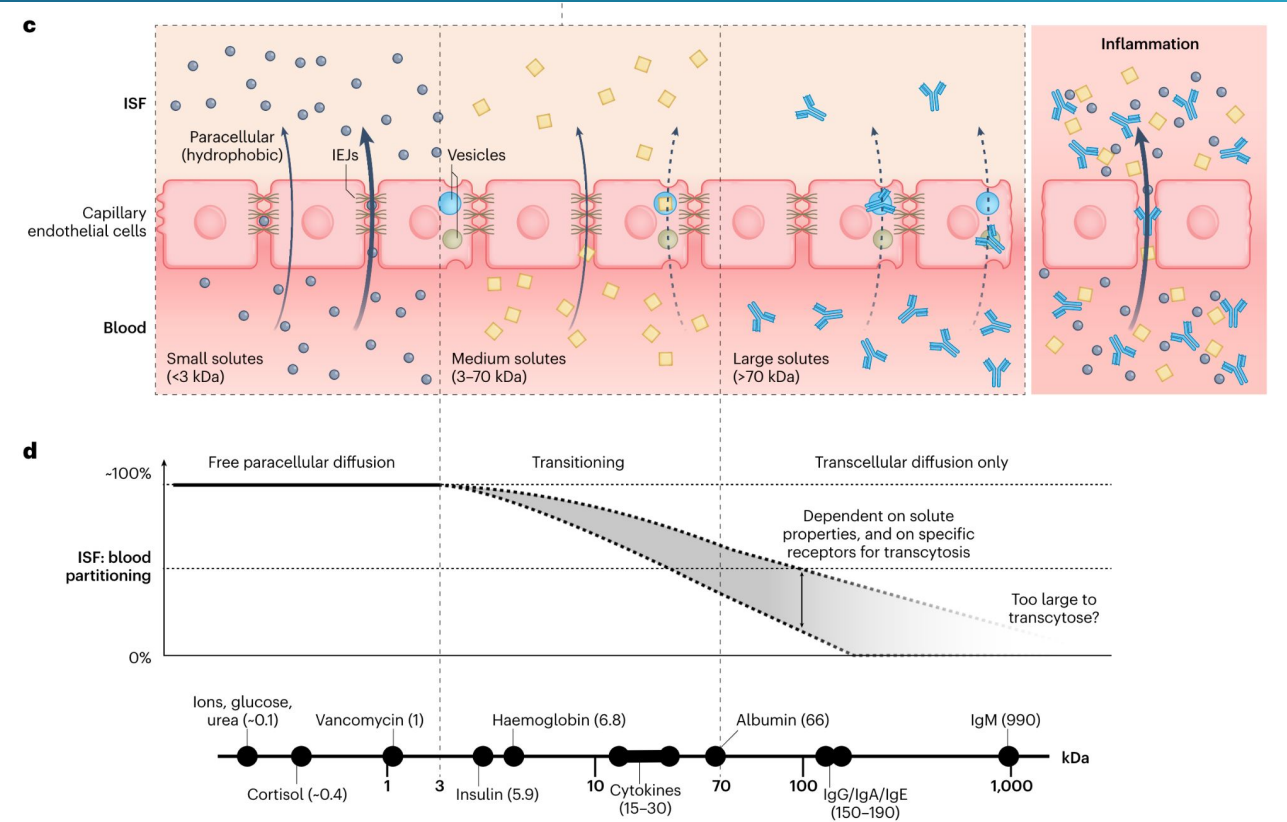
A RAR (redox-active nanoreporter) layer sandwiched between the graphen and MIP layer: selective adsorption reduces exposure to RAR.

# Biomarkers in the sweat

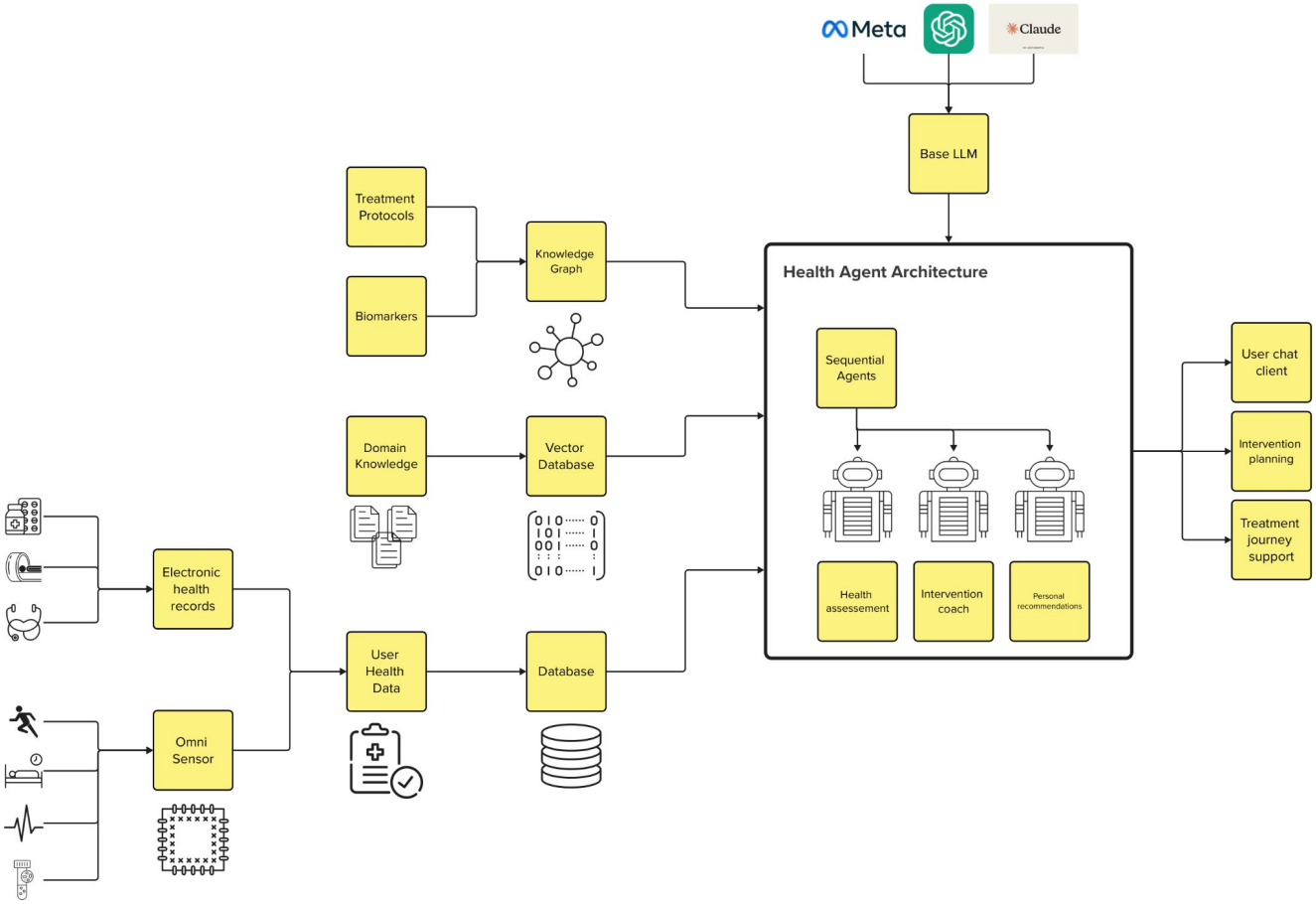
**Table 1 Key analytes in sweat and associated health conditions**

Analyte category	Analyte	Health condition	Ref.
Electrolytes	Na <sup>+</sup>	Dehydration, hyponatremia, electrolyte imbalance	40–43,45,47
	Cl <sup>-</sup>	Dehydration, cystic fibrosis	17,50,51
	K <sup>+</sup>	Hypokalemia, muscle cramps	52,53
	Ca <sup>2+</sup>	Myeloma, cirrhosis, renal failure, acid–base balance disorder	54
	NH <sup>4+</sup>	Shift from aerobic to anaerobic metabolic conditions	9,41,55
	PH	Pathogenesis of skin diseases, wound healing	30,38,43,143
Metabolites	Glucose	Diabetes	17,33,52,103
	Lactate	Shift from aerobic to anaerobic metabolic conditions	7,11,58,37
	Alcohol	Inebriation	16,76,77
	Uric acid	Renal dysfunction, gout	61,144
Drugs	Caffeine	Coronary syndrome, hypertension, Depression	63,145
	Levodopa	Parkinson's disease	64,89
Trace metals	Zn <sup>2+</sup>	Stress and immune system-induced muscle damage	44,66,67
	Cu <sup>2+</sup>	Rheumatoid arthritis, Wilson's disease, cirrhosis of the liver	44,66,68
Other analytes (hormones, cytokines, proteins, etc.)	Interleukin 6	Insulin activity, immune responses in cancer therapy	69,70,145
	Cortisol	Stress	59,69,72,73
	Tyrosine	Metabolic disorders, tyrosinemia	74
	Neuropeptide Y	Stress	30,75

# Biomarkers diffusion to ISF



# Health Agent Architecture:





# Competitors in Wearables:

Feature/Characteristic	Apple Watch	Fitbit Sense	Garmin Venu 2	Withings ScanWatch	Samsung Galaxy Watch 4	Dexcom G6	Abbott FreeStyle Libre	GlucoTrack	Lumen
Device Type	Smartwatch	Smartwatch	Smartwatch	Smartwatch	Smartwatch	Glucose Monitor	Glucose Monitor	Glucose Monitor	Metabolic Tracker
Fitness Tracking	✓	✓	✓	✓	✓	✗	✗	✗	✗
Heart Rate Monitoring	✓	✓	✓	✓	✓	✗	✗	✗	✗
ECG Monitoring	✓	✓	✗	✓	✓	✗	✗	✗	✗
SpO2 Monitoring	✓	✓	✓	✓	✓	✗	✗	✗	✗
Glucose Monitoring	✗	✗	✗	✗	✗	✓	✓	✓	✗
Stress Monitoring	✗	✓	✗	✗	✓	✗	✗	✗	✗
Body Composition Analysis	✗	✗	✗	✗	✓	✗	✗	✗	✗
Blood Pressure Monitoring	✗	✗	✗	✗	✓	✗	✗	✗	✗
Metabolic Tracking	✗	✗	✗	✗	✗	✗	✗	✗	✓
Unique Features	Integration with Apple ecosystem, fall detection	EDA sensor for stress monitoring, skin temperature sensor	Advanced fitness metrics, Pulse Ox sensor	Medical-grade ECG, sleep apnea detection	Body composition analysis, Wear OS, blood pressure	Continuous glucose monitoring with alerts and data sharing	Flash glucose monitoring, real-time data, easy to use	Non-invasive glucose monitoring with ultrasonic, electromagnetic, and thermal	Measures CO2 levels to indicate metabolic state
Market Presence	Strong global presence and large user base	Strong presence, acquired by Google	Strong in fitness-focused market	Niche market, focus on medical-grade features	Strong global presence, especially in Asia	Leading in diabetes management	Strong presence in diabetes care	Emerging player, specialized focus	Niche market, focus on metabolic health

## ► Unique technology means improved health

### **Cardiovascular**

- Vascular flow
- Cardiac output

### **Blood Vessel mgmt**

- Volumetric Blood Flow
- Blood Pressure
- Analysis of pulsatile part of the blood stream

### **Biomarkers**

- Electrolytes (sodium, potassium, chloride, ammonium, and calcium)
- Metabolites (glucose, lactate, and alcohol)

### **Vitals**

- Heart rate
- Temperature
- Motions
- ECGs

### **Small molecules**

- Cortisol
- Urea
- Tyrosine

### **Hormonal**

- Testosterone Total/Free
- Prolactin
- DHEA-Sulfate
- Estradiol (E2)
- Luteinizing Hormone (LH)
- Follicle Stimulating Hormone (FSH)
- Anti-Mullerian Hormone (AMH)
- Sex Hormone Binding Globulin (SHBG)

## ► Unique technology means improved health:

- Cardiovascular -

### Pathophysiology

- Vascular flow
- Cardiac output

### Biomarkers

- Electrolytes (sodium, potassium, chloride, ammonium, and calcium)
- Metabolites (glucose, lactate, and alcohol)

### Small molecules

- Cortisol
- Urea
- Tyrosine

### Daily Management

- Volumetric Blood Flow
- Blood Pressure
- Analysis of pulsatile part of the blood stream

### Vitals

- Heart rate
- Temperature
- Motions
- ECGs

### Hormonal

- Testosterone Total/Free
- Prolactin
- DHEA-Sulfate
- Estradiol (E2)
- Luteinizing Hormone (LH)
- Follicle Stimulating Hormone (FSH)
- Anti-Mullerian Hormone (AMH)
- Sex Hormone Binding Globulin (SHBG)

## ► Unique technology means improved health:

- Diabetes -

### Physiology

- Weight gain
- Glucose excess
- Insulin deficiency/resistance

### Biomarkers

- Metabolites (glucose, lactate, and alcohol)

### Small molecules

- high levels of free fatty acids

### Periodic Management

- A1C

### Vitals

- Weight monitoring
- Glucose monitoring

### Hormonal

- Insulin
- Glucagon
- Amylin
- GLP1

## ► Unique technology means improved health:

- Breast Cancer -

### Pathophysiology

- DNA
- Genetic mutations

### Periodic Management

- Mammogram
- Family history

### Biomarkers

- Histological:
  - Hormone receptors, HER2, Ki-67
- Serological:
  - Ki-67, CA 15-3, BAX, and Bcl-2

### Vitals

- 
- 
- 
- 

### Small molecules

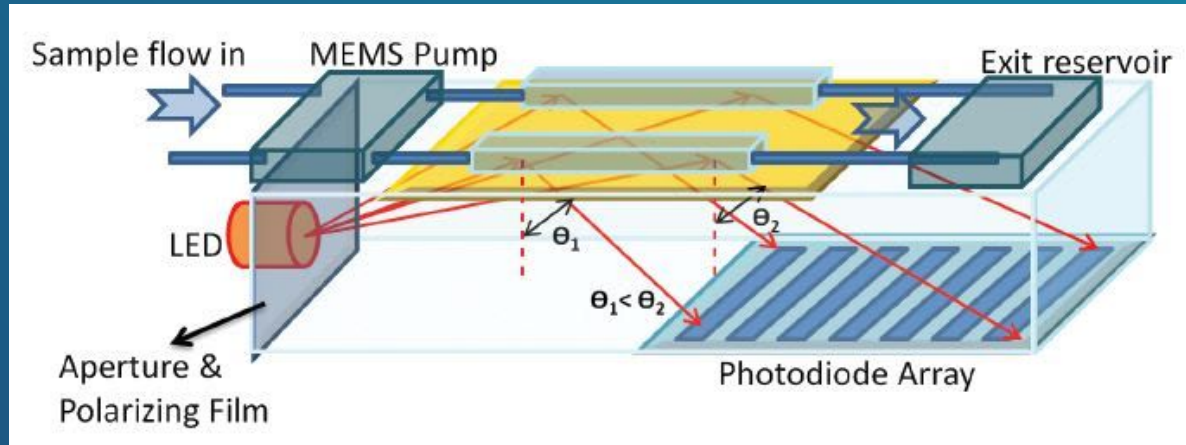
- HER2
- CDK4/6 inhibitors
- EGFR inhibitors
- Afatinib
- Cabozantinib

### Hormonal

- Estrogen
- Progesterone

## ► Unique technology means improved health:

- Hardware schematics -



Low-Cost, Portable Biosensor for Blood Protein Detection

## ► Unique technology means improved health:

- Logos -

# Chemical sensing for Metabolic Syndrome

## Summary

1. **Biomarkers of metabolic syndrome.**
2. **Interstitial fluid:** minimally invasive and very informative.
3. **Preliminary testing** for measuring the concentration of these biomarkers in interstitial fluid.

➡ Stepping stones towards wearables



# Targeted Markets and Use cases

## Markets

Medical Devices

\$17 bn TAM



## Use Cases

- In-hospital/Remote Patient Monitoring
- Clinical Trials
- Continuous Monitoring
- Medication Tracking

Consumer Technology

\$31 bn TAM



- Fitness Tracking
- Stress Management
- Sleep Analysis

\*Source: IDTechEx, IDC. \*\*Short-wave infrared.

# LLM modeling

## User Query



Given my sensor measurements of high blood pressure, low vitamin D levels, and elevated blood sugar, what should I eat and how should I exercise?



The user provides a specific health-related query.



The system accesses a database containing medical journals, clinical trials, and health guidelines.



The system retrieves the most relevant documents based on the user's query.



## LLM Response



Based on your high blood pressure, low vitamin D levels, and elevated blood sugar, you should incorporate leafy greens and fatty fish into your diet for better heart health and increased vitamin D. Additionally, moderate daily exercise such as brisk walking for 30 minutes can help manage your blood pressure and blood sugar levels.



The retrieved documents and user's query are transmitted to the LLM via a robust API.



The LLM analyzes the retrieved documents, synthesizes information, and generates a comprehensive response.



The LLM provides a detailed, evidence-based, and personalized recommendation.